



# WALKING IN THEIR SHOES: UNDERSTANDING SENIORS THROUGH YOUTH EYES

## Workshop Highlights:

- ✓ Breaking Stereotypes
- ✓ Understanding Senior's realities
- ✓ Empathy & Communication-Role-Plays
- ✓ From Awareness to Action



Facilitator:  
**Jacinta Goveas**  
Professor at Sheridan College  
BA in Anti-Racist Research and practice / MA in Refugee and Migration Status at York University

→ 2:00PM - 5:00PM

→ [communityharmonyyouth  
@spcpeel.com](mailto:communityharmonyyouth@spcpeel.com)

→ Sheridan College Davis  
Room C217  
7899 McLaughlin Rd  
Brampton  
ON L6Y 5H9

**SATURDAY,  
FEBRUARY 28<sup>TH</sup> 2026**

Register:

**THRIVE: VOLUNTEERS  
FOR COMMUNITY HARMONY**



FUNDED BY  
**CANADA  
SERVICE  
CORPS**

**Canada**