



WALKING IN THEIR SHOES: UNDERSTANDING SENIORS THROUGH YOUTH EYES

Workshop Highlights:

- ✓ Breaking Sterotypes
- ✓ Understanding Senior's realities
- ✓ Empathy & Communication-Role-Plays
- ✓ From Awareness to Action

**SATURDAY,
FEBRUARY 28TH 2026**

Register:

**THRIVE: VOLUNTEERS
FOR COMMUNITY HARMONY**



Facilitator:
Jacinta Goveas
Professor at Sheridan College
BA in Anti-Racist Research and
practice / MA in Refugee and
Migration Status at York
University

- ➔ **2:00PM - 5:00PM**
- ➔ **communityharmonyyouth
@spcpeel.com**
- ➔ **Sheridan College Davis
Room C217
7899 McLaughlin Rd
Brampton
ON L6Y 5H9**



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